



JUICING and CLEANSING CLASS

SATURDAY MARCH 5 | 10AM - NOON



JOIN KC'S OWN JUICING AND CLEANSING EXPERT,
KAREN KIPP, AKA THE JUICE GODDESS

- Overview of cleansing and juicing
- Benefits of juicing
- Resources to do your own 3-day juice fast
- Access to a free facilitated online group fast
- Juicing demos and tasting
- Answer juicing/fasting questions so you can cleanse and juice safely and effectively

The information in this class is not intended as medical advice.
Please consult your medical care provider for individual recommendations.

**Cost: \$25, prepaid registration required at
Customer Service by Monday, February 29.**

